

ARE LEFTOVERS SAFE TO EAT?

If you are like me, you don't want to throw away any food that is left over. But, can you be sure that it will be safe to eat at a later time? Are you aware that warmed-up food can make you sick if you don't follow basic food safety precautions to eliminate bacteria, such as salmonella. Here are some tips to ensure you don't have any nasty surprises!

1. Food is not considered safe to eat after three or four days in the refrigerator. It needs to go into the garbage once that limit is met.
2. When using a microwave to re-heat leftovers, make sure that the food is heated through. Stir reheated food well enough to eliminate any "cold spots". Heat is how you can eliminate the likelihood of bacteria causing illness.
3. Re-heat leftovers to an internal temperature of 165 degrees to be safe. For this you need a food thermometer, which is available at most grocery stores.
4. Make sure you don't have any "surprises" hidden in the back of your refrigerator shelves. Some leftovers could get "lost" back there! If you aren't sure how long leftover food has been refrigerated, use the old axiom, "when in doubt, throw it out!"

I hope that these hints will help prevent illness caused by leftover foods.

Suzanne Yeager, RN
Local Health Officer

**DON'T FORGET
TO VOTE
NOVEMBER 2ND!**



After you have voted, remember to stop in the parking lot to purchase soup, cakes, pies and all kind of goodies to help the Fire fighter auxiliary.

Visit us at: www.paxtang.com

PAXTANG POST

PAXTANG POST 2010

Winter



CALENDAR OF EVENTS

NOVEMBER

- 2 Election Day
- 7 Lions Club Quarter Mania
- 10 Women's Club Bazaar
- 11 VETERANS DAY
- 16 Borough Council Meeting
- 19 Art Exhibit
- 20 Art Exhibit
- 21 Art Exhibit
- 25 THANKSGIVING
- 29 Council Workshop

DECEMBER

- 5 Tree Lighting
- 21 Council Meeting
- 25 CHRISTMAS

Borough Officials Contact List

MAYOR Keldeen Stambaugh 558-8373	TAX COLLECTOR Helen Koser 564-6747	POLICE EMERGENCY 911 NON-EMERGENCY 558-6900
COUNCIL PRESIDENT John Ninosky 564-1323	FIRE CHIEF Todd Zwigart Office: 564-0520 paxtangfire@comcast.net	PROPERTY & RECREATION Kipp, Chair 564-6877 Beaver Panza
COUNCIL VICE PRESIDENT Denny Beaver 564-9566	SOLICITOR James Feinour, Esq. (Nauman, Smith)	PUBLIC RELATIONS Panza, Chair 564-5374 Borne-Fuller Patackis
BOROUGH MANAGER/CHIEF Ken Beard 564-4770 Paxtangchiefmanager@comcast.net	ENGINEER Max Shradley (Rettew)	PUBLIC SAFETY Borne-Fuller, Chair 558-5926 Beaver Seneca
BUILDING INSPECTOR CODES ENFORCEMENT ZONING OFFICER Ed Wenger 564-4770	PLUMBING INSPECTOR Timothy Folk	HEALTH & SANITATION Patackis, Chair 561-1250 Seneca Kipp
SECRETARY TREASURE Faye Clark 564-4770	ADMINISTRATION Beaver, Chair 564-9566 Borne-Fuller Kipp	MUNICIPAL BUILDING 3423 Derry Street Harrisburg, PA 17111 PaxtangBoroughOffice@comcast.net
SHADE TREE CHAIR Roger Faille 564-2357	HIGHWAY Seneca, Chair 564-5444 Panza Patackis	

OUR ADVERTISERS

On the back of this issue of "The Post", you will see advertisers who graciously paid to put their ad there. Some for just one time, others for the whole year.

We are grateful to them. Whatever they paid, is saving your tax dollars to put this paper in your home.

If you can in any way utilize their products or services, please do so. It is their pride in Paxtang that led them to support us with an ad.

Beginning mid December we again will be seeking ads for the next year. Prices will remain; 1 issue \$40
1 year (4 issues) \$140.

Welcome New Businesses

Two Nuts (candy)
511 Park Terrace

F & J Auto Service (new owner)
3701 A Derry Street

JR Towing
3701 A Derry Street

AUTUMN TREES IN PAXTANG

The arrival of autumn brings with it the remarkable, even spectacular, transformation of Paxtang's urban forest—the change in leaf color and the subsequent leaf fall. One does not have to travel to northern Pennsylvania, or northern New England to witness this alteration—a good number of Paxtang's trees put on vivid displays at this time of year, if only for a few days. Along with deciduous trees throughout the region, this process brings to an end the annual growth of the trees and begins the preparation for several months of dormancy.

You may find the trees less attractive during the winter, but they are just protecting themselves from the icy blasts and snows of the season. A dry fallen

leaf may seem to weigh very little, but the aggregate of thousands of live, active leaves on a single tree imposes a considerable burden on the limbs during the summer. Add to this the weight of snow or ice on all those leaves, produced, say, by an unusually early winter storm, and the trees are pushed past their strength limits with consequent great loss of limbs or even entire trees. Without the weight of its leaves, the trees can more easily withstand the stresses of ice, snow, and windstorms. Although they may appear rather barren, they display their limb structures (which can vary considerably from tree to tree) that we can't readily see during the summer.

The Shade Tree Commission is also winding down its activities for the winter. Perhaps most important was the removal of

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AUTUMN TREES IN PAXTANG *(continued from page 1)*

twelve trees that were showing signs of aging, damage, and/or disease. These were mostly the Norway maples and pin oaks that were planted many years (60?, 70?) ago. They have grown to very large sizes, thereby providing considerable shade along the streets. However, they also produced some vexing problems, mainly upheaval and breakage of sidewalks, misalignment of curbs, and numerous very shallow roots in lawns. The production and dropping of numerous acorns from the pin oaks has been a continuing source of aggravation as well (I'm sure the squirrels wouldn't agree!). The Shade Tree Commission is well aware of these problems, and has not planted any Norway maples or pin oaks in the recent past, nor will it plant any in the future. However, it is the policy of the Commission to not remove live, healthy trees merely because they cause inconveniences. In the past two months, the Shade Tree Commission completed an extensive program of trimming trees throughout the Borough that exhibited dead limbs, hanging limbs, and other branches that appeared weakened or likely to fall in the near future. These are generally limbs higher in the trees than can be reached from ground level and require the services of a professional tree service that has the equipment and experienced workers to safely do the work. This maintenance phase of the Commission's activities goes on periodically throughout the year, with Commission members and Borough staff on the continual lookout for any developing problems. We are also particularly indebted to those Borough residents who see developing problems with a tree or trees and call the Borough Office (564-4770) to make us aware of them.

The Shade Tree Commission has also just planted five trees at various locations around the Borough. Two of the trees are Red Maples, two are Honeylocusts, and one is a Little-leaf Linden. These species, among others, are recommended for urban settings and have been widely chosen for planting in recent years. They are desirable not only because they survive the stresses of an urban environment very well, but because they cause far fewer problems with sidewalks, curbs, and lawns. Next year, the Commission intends to plant a larger number of trees. Several dozen potential sites for new trees are present around the Borough. Without the replacement of removed trees (twelve this year), our urban forest would thin and the shady aspect in Paxtang we so enjoy would gradually slip away.

Ground-level pruning is another of the Commission's significant activities. This pruning is done from ground level (no buckets or ladders—that is left for the professionals) and thus only the lowest parts of a tree are serviced. Focus is placed on the most recently planted, small trees, in part because they are accessible, but more importantly because a tree's future shape and condition is most easily controlled when the tree is young. The work is largely two-fold: removing the lowest branches (raising the tree) so they don't obstruct sidewalk and curbside use; and removing overly dense concentration of branches, particularly those that cross other branches. The tools that are used are hand pruners, loppers, and pole pruners. This activity is generally done twice a year, in the spring and again in the late fall. You may even see Commission members and volunteers in small teams of two or three persons going up and down the streets servicing the trees. If you should be interested in helping with any of the Shade Tree Commission's activities, please call the Paxtang Borough office at 564-4770, or Rodger Faille at 564-2357.

By Roger Faille

LENKER MANOR PAXTANG WOMEN'S CLUB HOLIDAY BAZAAR

The Lenker Manor - Paxtang Women's Club invites area women to our annual Holiday Bazaar in the first floor Great Room of Paxton Presbyterian Church

**Progress/Paxtang Ave. & Sharon St.
Wednesday, November 10, 2010
10:00 AM**

There will be over a dozen vendors offering stocking stuffers and lovely gifts for Christmas. **Breeze in** and check out the Longaberger baskets, quilting items, skincare products, food items, toys, jewelry, Ukrainian Pasanky eggs and nesting dolls, house & garden and kitchen ideas for yourself or for the perfect Holiday hostess gift.

Admission is free!

Please call **561-2237** or **564-0355** for details.

LMPWC is dedicated to service in the community.
You need not be a resident of Paxtang or
Lenker Manor to join.



Lenker Manor - Paxtang Women's Club October meeting (10/13) featured news reporter Mary Klaus who gave a fascinating talk about her 22 medical mission trips to date.

ART EXHIBIT

The Paxtang Art Association is getting ready for its' big annual show and sale. Come join us for a great exhibit on November 19th and 20th--10 A.M. to 9 P.M. and November 21st from 10 A.M. to 3 P.M. Hope to see all of our friends and neighbors at the show. There is no admission charge on any day or night. We will be in the Auditorium of the Municipal Building.

A percentage of all sales are used to benefit local volunteers and organizations as well as keeping our Association thriving for many years to come.

Louise Nenadovich

THE HISTORY OF VETERANS DAY Monday November 11, 2010



Sgt. Yohe and a friend from the US Army instruct how to properly fold a flag at Paxtang's Patriot Camp.

World War I – known at the time as “The Great War” - officially ended when the Treaty of Versailles was signed on June 28, 1919, in the Palace of Versailles outside the town of Versailles, France. However, fighting ceased seven months earlier when an armistice, or temporary cessation of hostilities, between the Allied nations and Germany went into effect on the eleventh hour of the eleventh day of the eleventh month. For that reason, November 11, 1918, is generally regarded as the end of “the war to end all wars.”

November 11, 1919 was the first commemoration of Armistice Day. In May, 1938, November 11 was made a legal holiday known as “Armistice Day”. The day was to be dedicated to the cause of world peace and to honor veterans of World War I. In 1954, after World War II and Korea, the holiday was changed to “Veterans Day”, and was to honor American veterans of all wars. In October of that year, President Dwight D. Eisenhower issued the first “Veterans Day Proclamation.” In 1968, the Uniform Holiday Bill was signed, intending to ensure three-day weekends for Federal employees by celebrating four national holidays on Mondays: Washington's Birthday, Memorial Day, Veterans Day, and Columbus Day. It was thought that these extended weekends would encourage travel, recreational and cultural activities and stimulate greater industrial and commercial production. Many states did not agree with this decision and continued to celebrate the holidays on their original dates. Because of the historic and patriotic significance of date, President Gerald R. Ford signed a law that returned Veterans Day to November 11, helping us focus our attention on the purpose of Veterans Day – to honor America's veterans for their patriotism, love of country, and willingness to serve and sacrifice for the common good.

Are you looking for a way to make this Veterans Day more meaningful to your kids? Interview a relative who served in the Armed Forces. Go to www.loc.gov/vets to download a kit to help you preserve their personal account so that future generations may read their own words and better understand the realities of war. Help your kids write letters to veterans in the family, thanking them for their service to our country. Or send thank you cards to “Any Veteran” at the Lebanon VA Medical Center, 1700 South Lincoln Avenue, Lebanon, PA 17042. Browse the VA website for kids at www4.va.gov/kids/ to find games, activities and information. You can even support a soldier on active duty by sending a letter or care package. You can start by visiting www.ourmilitary.mil to find links to a number of organizations that support our soldiers.

Whatever you do, remember the purpose of Veterans Day and teach it's meaning to your children. Have a safe and meaningful holiday.

By Deb Seneca

QUARTER MANIA Sunday, November 7, 2010 Grantville Holiday Inn – Grand Ballroom

*** Route 743 (Exit 80 off Rt. 81N), Grantville, PA***
Shopping, auction style, begins promptly at 2 PM
Doors open at 1 PM for registration & preview

*Bid on items for 1, 2 or 3 quarters (maximum) dependent on assigned retail bid value by vendor.
Everyone can bid on any or all items available – it's your choice
You win if your paddle number is selected/called & you bid on the item with mere quarters!*

Longaberger, Lia Sophia, Cookie Lee, Celebrating Home, Mia Bella, Avon, Thirty One Gifts, The Gourmet Cupboard, Mische Purses, Tupperware, The Coupon Lady, Tastefully Simple, Jordan Essentials, Mary Kay, Noah's Ark, Jewelry by Helen, Beads by Louise, Sweet Nancy Chocolates, Bair Massage, Premier Designs Jewelry & Wild Tree.

\$5.00 Admission donation
(Includes your bidding # & paddle)
Enjoy a good time – Cash-n-Carry At Vendors Tables Too!
For advance tickets please contact any Paxtang Lions Club Member or call Damon Wellman at 561-4333

CHRISTMAS TREE LIGHTING

The Lions will again sponsor The annual Christmas Tree Lighting to be held December 5, at 6:00 P.M. at the municipal building.

Cookies and hot chocolate will follow the ceremony in the gym. A visit from Santa is expected.

FRESH FRUIT SALE

The Lions Club will be soliciting orders for citrus fruit directly from Florida. The fruit is traditionally fresh and delicious.

Let's give Dave Colesdtock (564-0567) a call and get behind this worthy project